

Recommended packing list for YCTA Fall Patterns Retreat:

- Uniform(s) & rank belt
- Sparring gear/gear bag
- Notebook and pens/pencils/Sharpie
- Student requirements handbook
- Toiletries (soap, shampoo, shaving cream, deodorant, toothbrush, lotion, etc.)
- Sleeping bag or sheets/bedding for twin bed
- Pillow
- Towels/washcloths/beach towel
- Flip flops/shower shoes
- Shorts, T-shirts, casual clothing
- Athletic shoes (required for ropes course participation & outdoor workouts)
- **Closed toe/heel shoes (required for outdoor wear)**
- Water bottle
- Bug spray
- Sunscreen
- Flashlight
- Snacks and drinks, if you wish
- Swimsuit, if you wish
- Light jacket or hoodie
- Charging cords
- Earplugs, sleep mask, etc.

Cross Point Camp info:

7310 Rock Creek Road, Kingston, OK 73439

580-564-2505

<https://okcamps.org/cross-point/>

Typical weather this time of year ranges from 65 degrees to 87 degrees Fahrenheit, with high humidity. Cabins and other indoor spaces are air-conditioned! We'll be staying in the Wilburn Cabin, which is near the Long Tabernacle and a short walk from the main lodge. The beach is approximately ¼ mile walk, and it's approximately ½ mile to the outdoor amphitheater.

The cabin is divided in half with separate facilities for men and women. Each side contains 10 bunk beds, 3 showers, 3 toilets, and 6 sinks. Wilburn cabin has attached meeting room with kitchenette, sink, refrigerator, coffee maker, and restrooms, etc. Meals are served at the main lodge; only breakfast will be served on Sunday.

On-site activities available during free time include hiking, cornhole, disc golf, giant Jenga, gaga ball, 9-square in the air, horseshoes, sand volleyball, fishing (bring your own equipment and license), and more!

Questions? Email redrivertkd@gmail.com or call Amy Cook at 580-931-7700.